

## MEDICATIONS SAFE IN PREGNANCY

\* This list is subject to change. Please refer back to the website for current revisions.



- Headaches, Fever, Aches and Pains
  - Tylenol
- Congestion, Sinusitis, Cold or Allergy Symptoms
  - Saline Nasal Spray
  - Benadryl
  - Claritin
  - Zyrtec
  - Chlor-Trimenton
  - Travist
  - Sudafed (if you don't have high blood pressure or rapid heart rate)
- Cough
  - Dextromethorphan
  - Delsym
  - Robitussin
  - Mucinex
- Nausea
  - Vitamin B6
  - Unisom (Doxylamine)
- Constipation
  - Colace
  - Citrucel
  - Fibercon
- Antacids
  - Maalox
  - Mylanta
  - Tums
- Antiulcer
  - Tagamet
  - Pepcid & Pepcid Complete
  - Zantac
- Diarrhea
  - Immodium
  - Immodium AD
- Hemorrhoids
  - Anusol
  - Tucks
- Sore Throat
  - Chloraseptic lozenges or spray